Nepal Engineering Council Licensure Examination

ER. SAURAV SHRESTHA MSC. IN TRANSPORTATION ENGINEERING PULCHOWK CAMPUS

TRANSPORTATION ENGINEERING SYLLABUS OF NEC LICENSE EXAM

9. Transportation

(ACiE09)

9.1 Highway planning and survey: Modes of transport, history of road development in Nepal; classification of roads; road survey; highway alignment and controlling factors; evaluating alternate alignments; Road Standards of Nepal. (ACiE0901)

9.2 Geometric design of highway: basic design control and criteria; elements of highway crosssection; highway curves; super elevation; average and ruling gradients; stopping sight distance; design considerations for horizontal and vertical alignments, extra widening, and set back distance; design of road drainage structures; design considerations for hill roads. (ACiE0902)

9.3 Highway materials: types of aggregates and tests on their gradation, strength, durability; binding materials and their tests; design of asphalt mixes; evaluation of subgrade soil. (ACiE0903)

9.4 Traffic engineering and safety: impact of human and vehicular characteristics on traffic planning; traffic operations and regulations; traffic control devices; traffic studies (volume, speed, O&D, traffic capacity, traffic flow characteristics, parking, accident, flow); road intersections (types, configurations, design); traffic lights; factors influencing night visibility, road safety measures.

(ACiE0904)

9.5 Road pavement: different types of pavement; design methods for flexible and rigid pavements (DOR Guidelines); loads and other factors controlling pavement design; stress due to load, temperature. (ACiE0905)

9.6 Road construction & maintenance: activities, techniques, tools, equipment and plants used in road construction; preparation of road subgrade; field compaction control and soil stabilization; construction of asphalt concrete layers; construction procedure for penetration macadam, bituminous bound macadam and plain cement concrete pavements; road maintenance, repair and rehabilitation.

(ACiE0906)

Calculation of CBR Value(EMPERICAL METHOD)

(I) Calculation of CBR value

CBR is the penetration test developed by California Division of Highways.

This test is done for calculating the stability of soil subgrade and other flexible pavement materials.

 $(CBR (\%) \neq (Load sustained by the specimen at 2.5)$

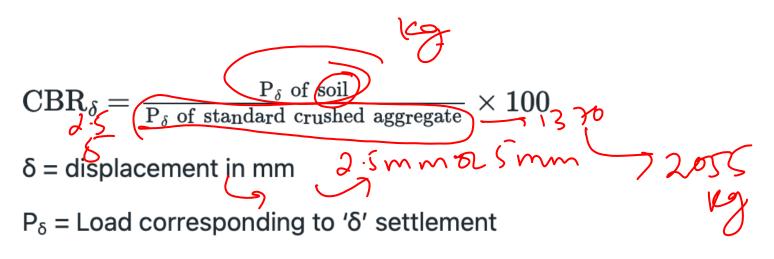
or 5 mm penetration)/(Load sustained by the standard CPM

aggregates at the corresponding penetration value) * 100 %

• The CBR values of 2.5 mm penetration is higher than that of

5 mm

If the CBR values of 5 mm penetration is higher than that of 2.5 mm, then the test is repeated.
 Three test is conducted and the average of three is CBR values

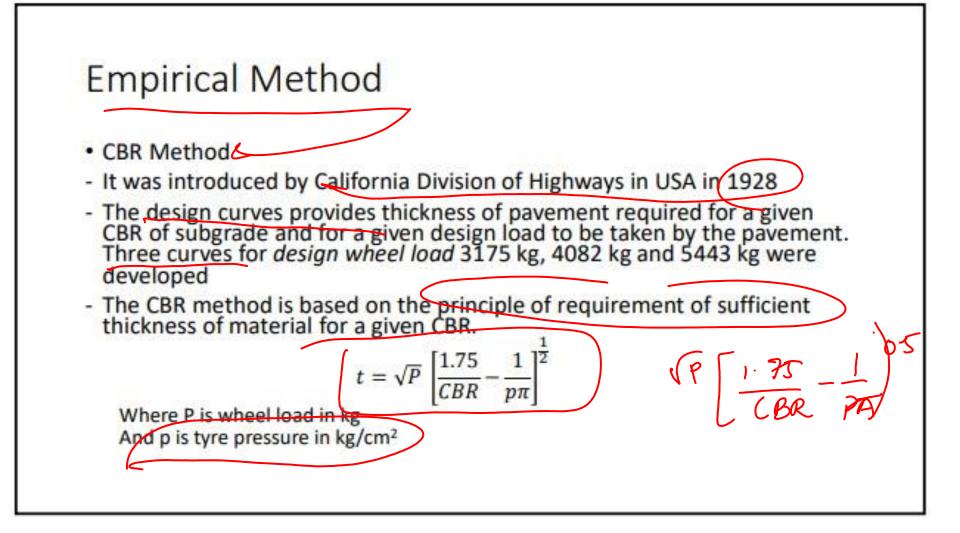


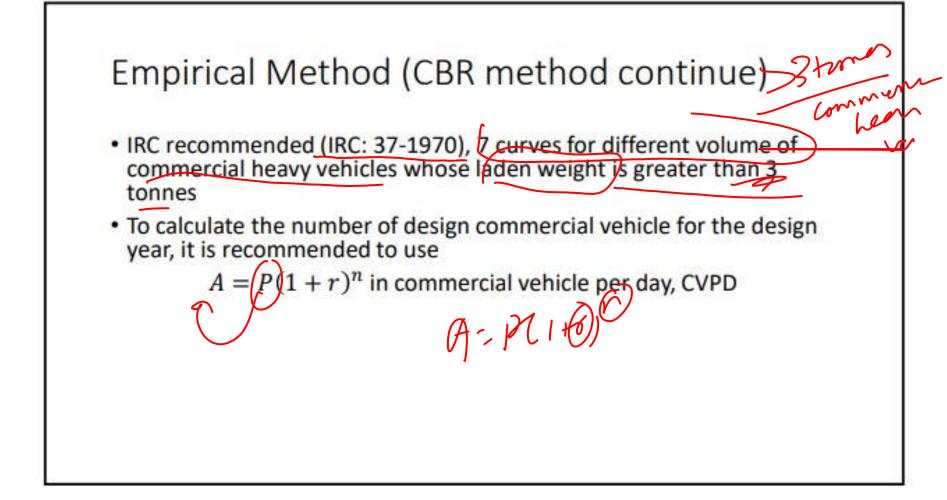
 P_s = Load for standard crushed aggregate:

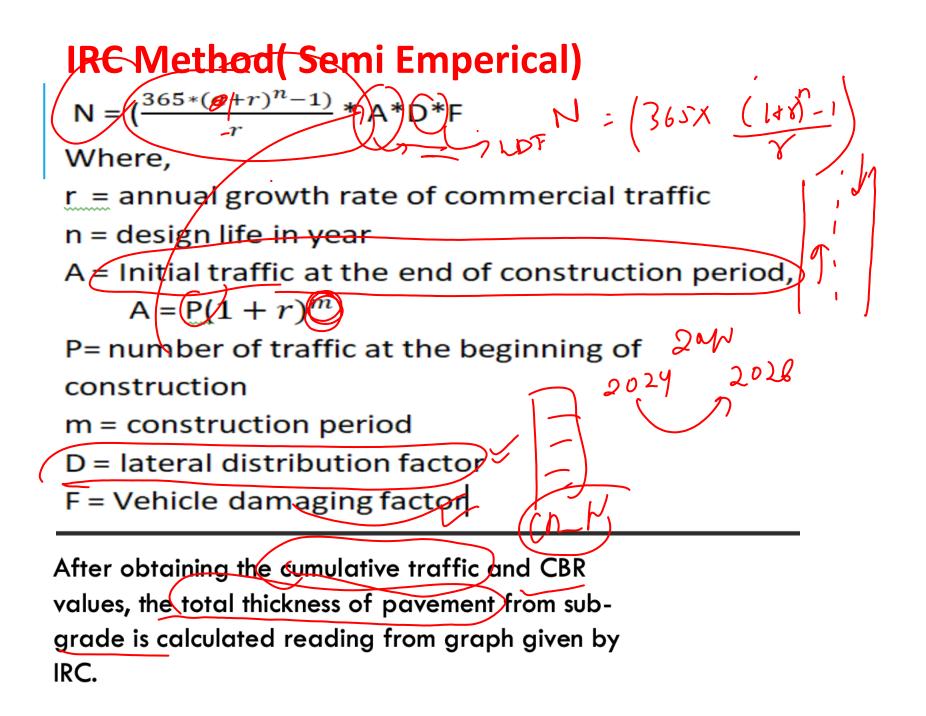
δ (mm)	P _{SCA} (kg)	P _{SCA} (kg/cm ²)
2.5	1370	70
5	2055	105

If CBR 2.5 > CBR 5 \rightarrow Test Accepted

If CBR 5 > CBR 2.5 \rightarrow Test Repeated

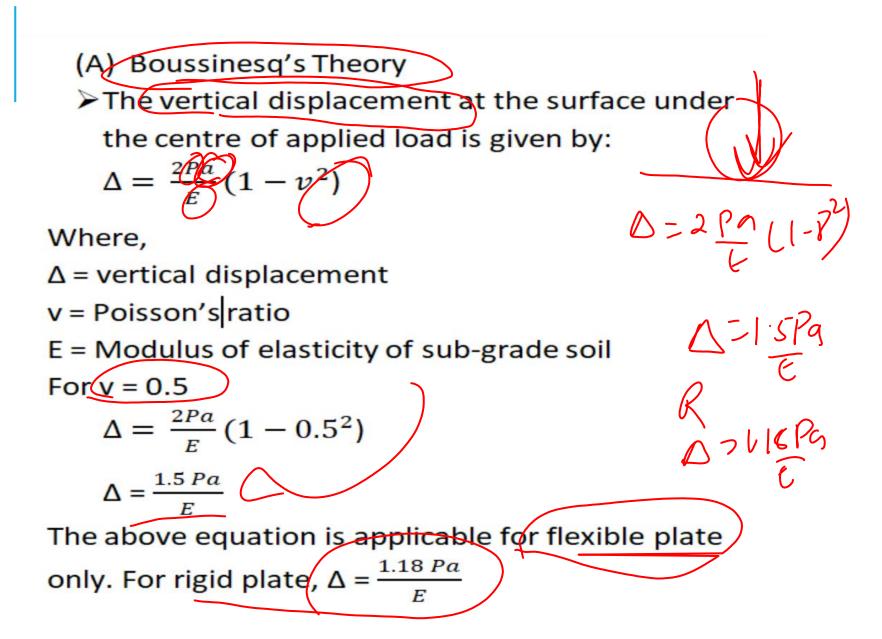


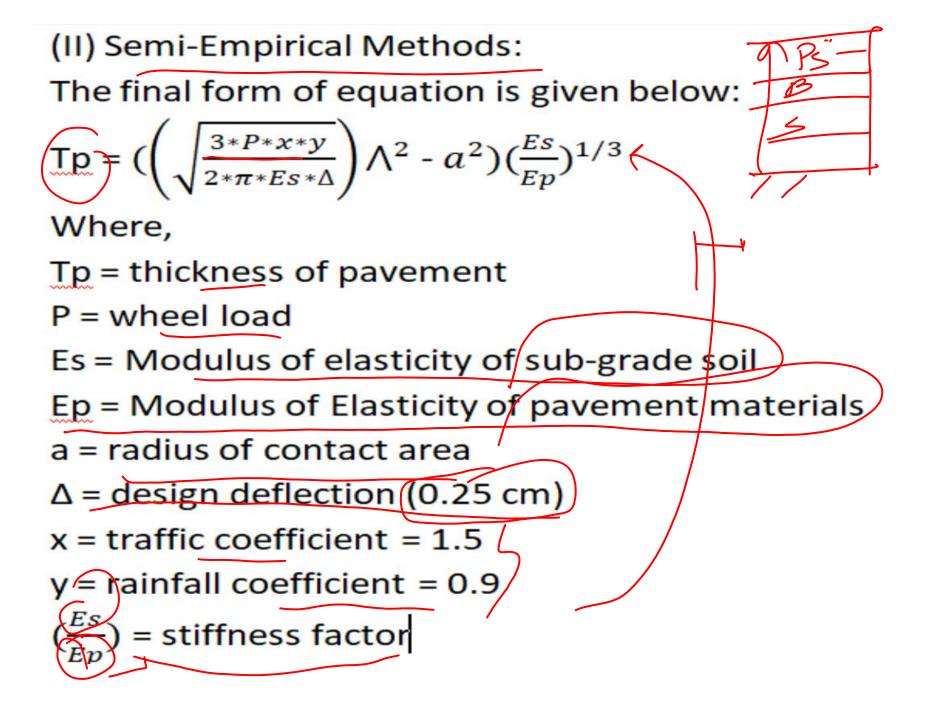




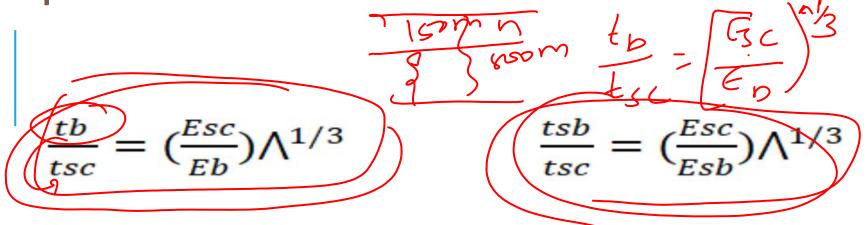
Theoretical Methods:

• It is the methods based on pavement response such as stress or strain due to loads.





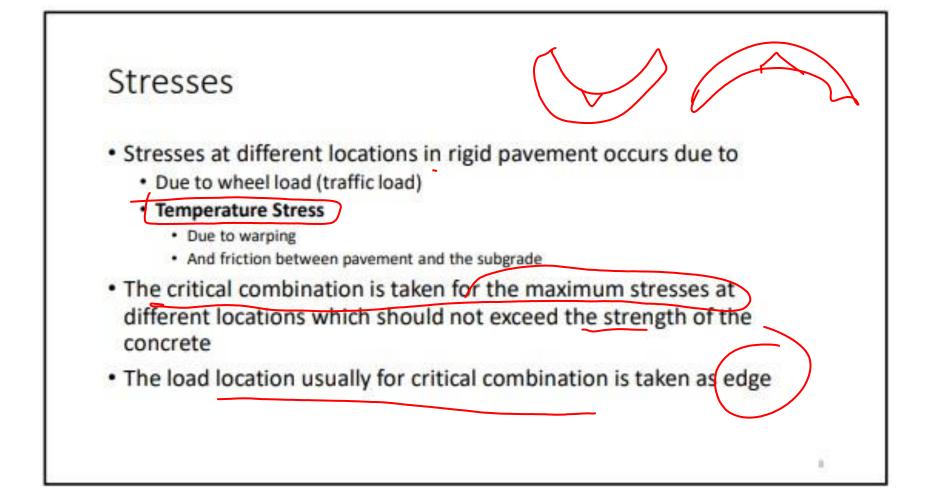
Asphalt Institute Method:

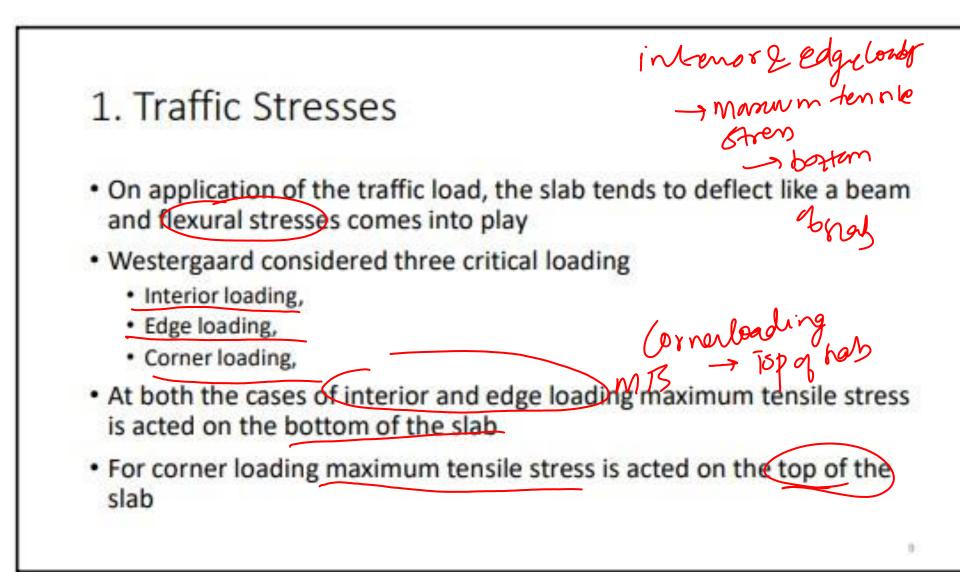


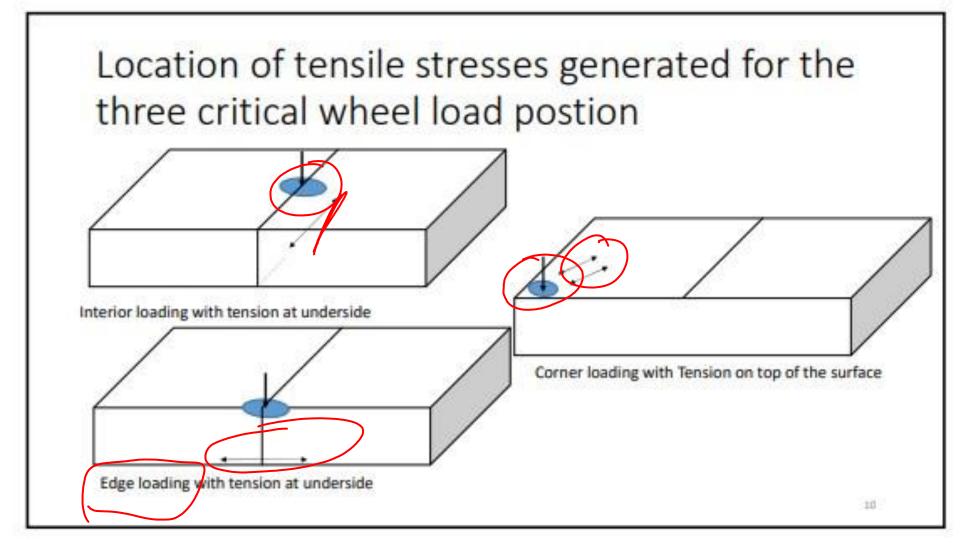
Where,

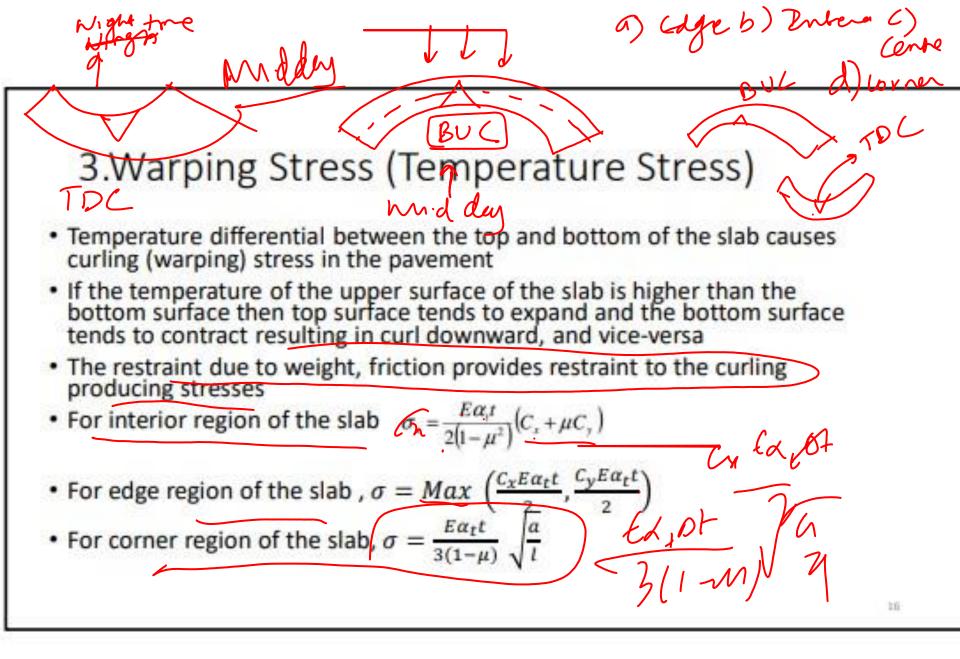
- tsc = thickness of surface course
- tb = thickness of base course
- tsb = thickness of sub-base course
- Esc = Elastic modulus of surface course
- Eb = Elastic modulus of base course
- tsb= thickness of sub-base course

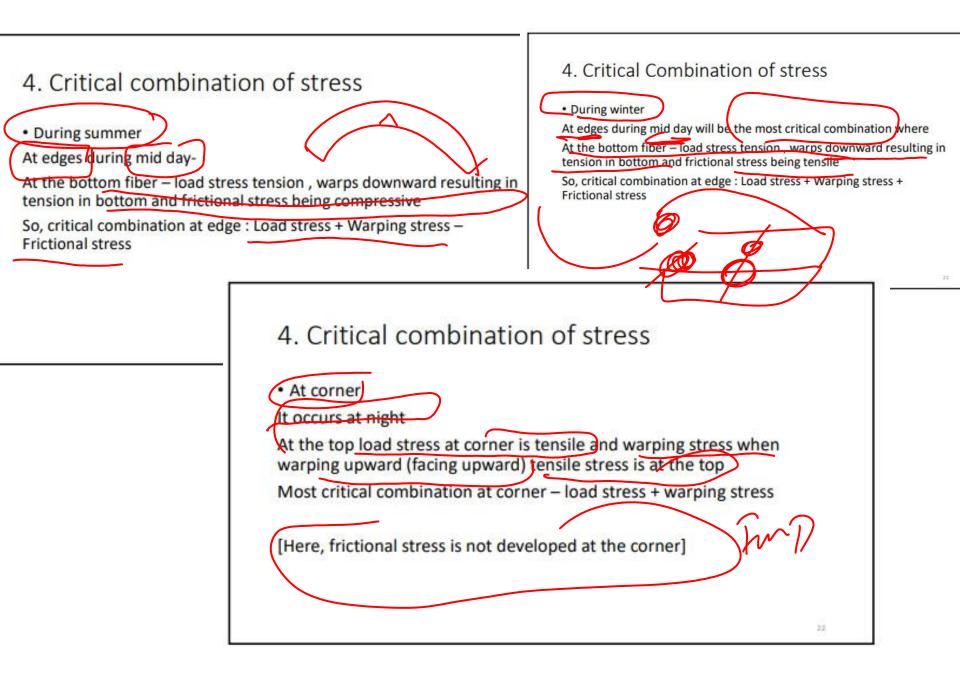


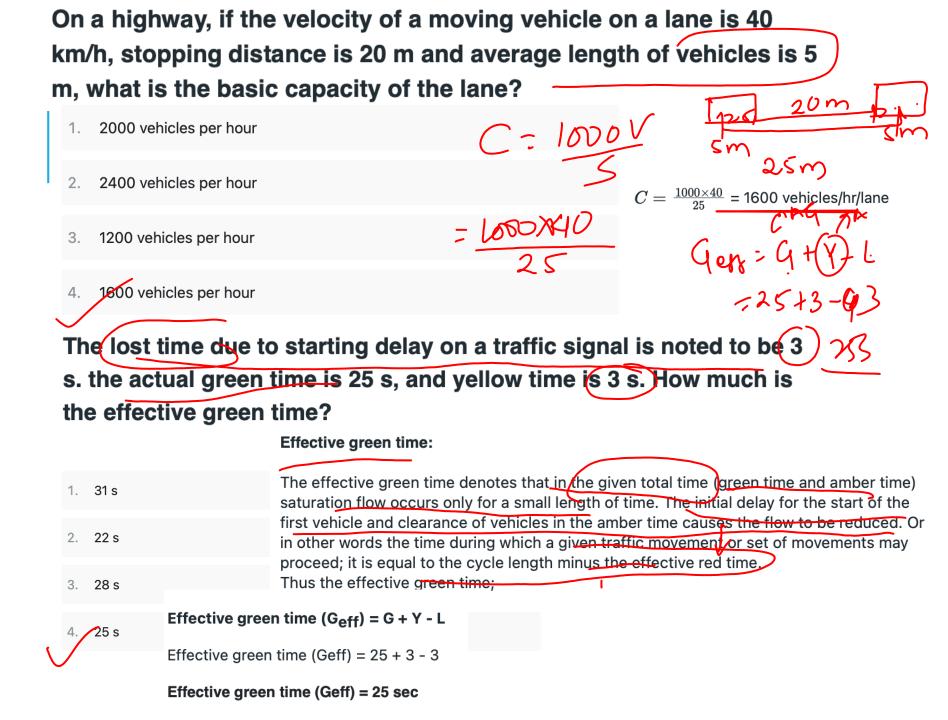




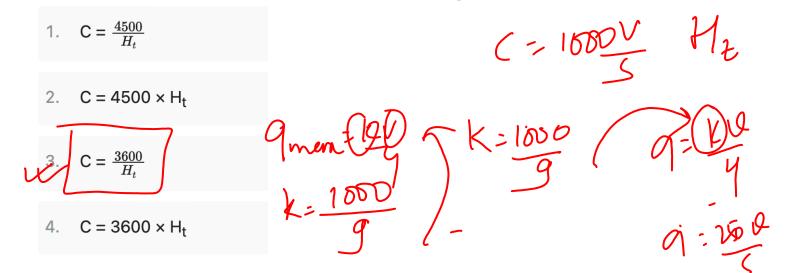








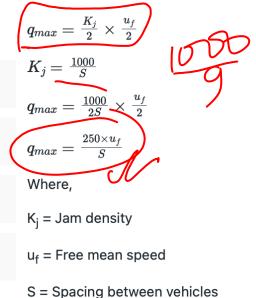
The relation between maximum theoretical capacity of a traffic lane (C) and the minimum time headway (H_t) is given by:

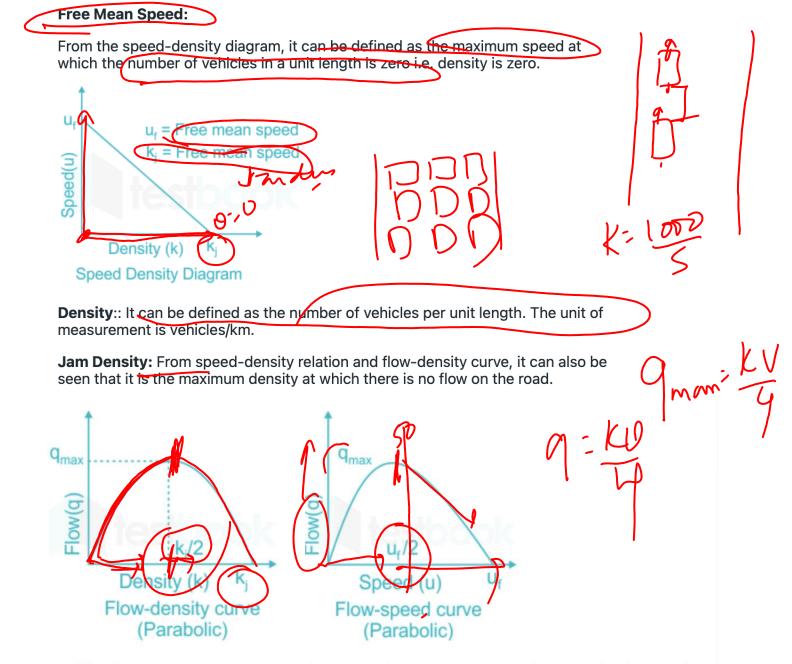


The free mean speed on a roadway is found to be 80 km/h. Under stopped condition, the average spacing between vehicles is 9 m. Determine the capacity flow.



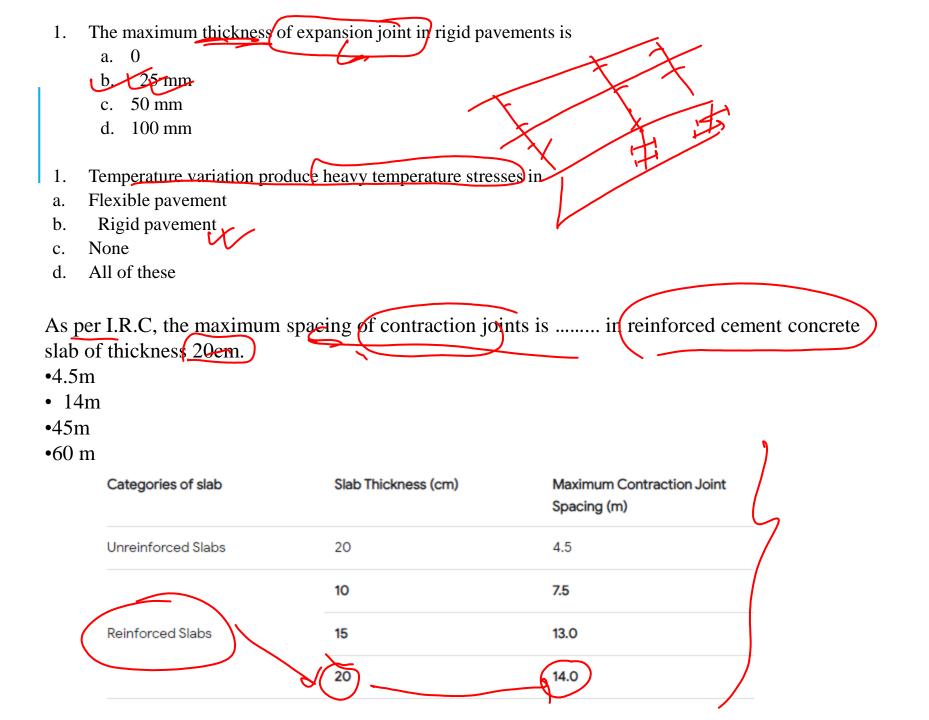
Maximum flow or capacity flow (q_{max}):





Traffic Flow: The number of vehicles passing through a particular point in certain time interval is defined as traffic flow. Also, number of vehicles counted in one hour is called traffic flow (q).

If the jam density is given as k_i and the free flow *speed* is given as u_f, the maximum flow for a linear traffic speed-density model is given by which of the following options? Flow (q) = Density (k) \times Velocity (V) $k_f u_f / 4$ For Greenshields's Model (Linear Traffic Speed Density M $V = V_f imes \left(1 - rac{k}{k_j}
ight),$ 2. k_fu_f/3 Where, 3. 3k_fu_f/5 V = Velocity at any instant V_f = Free mean velocity 2k_fu_f/3 4. k = Density of the flow k_i = Jam density of the flow Maximum capacity $(q_{max}) = V_{max} \times K_{max}$ As per Greenshields's model $Vmax = rac{V_f}{2} \& k_{max} = rac{k_j}{2}$ Maximum capacity $\Rightarrow (q_{max}) = \frac{V_f}{2} \times \frac{k_j}{2} =$

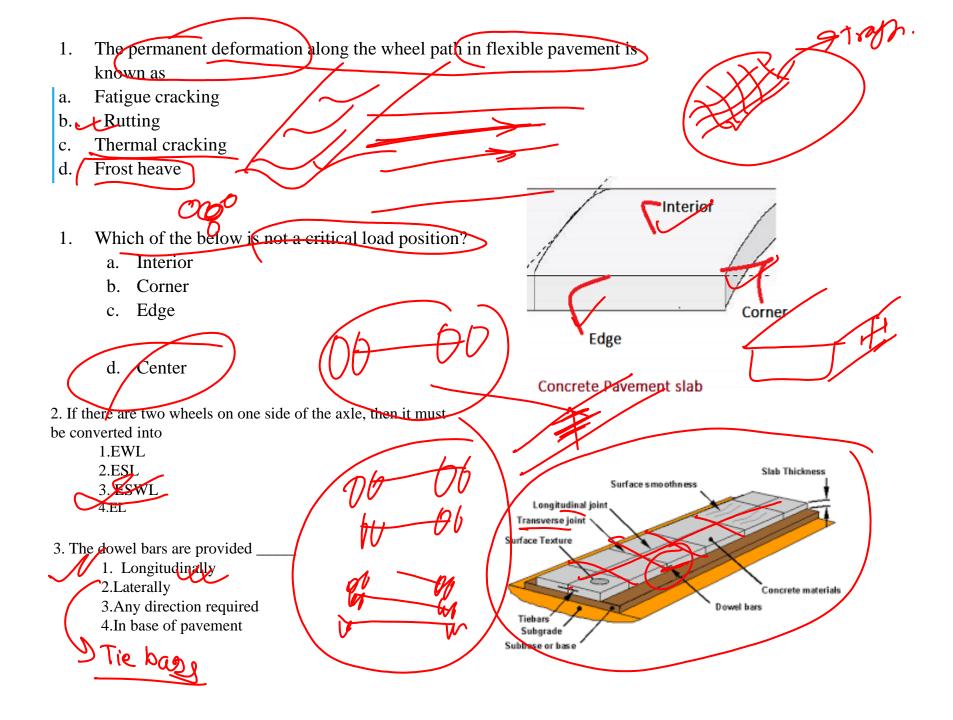


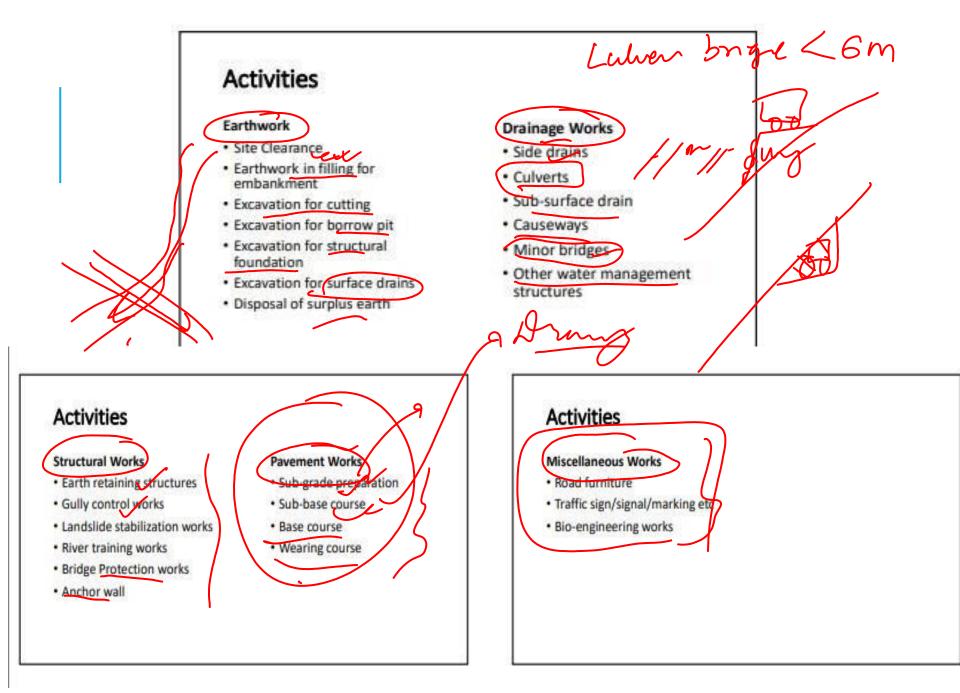
1. As per flexible pavement guideline 2027, The VDF for vehicle type heavy two axle vehicle is taken as

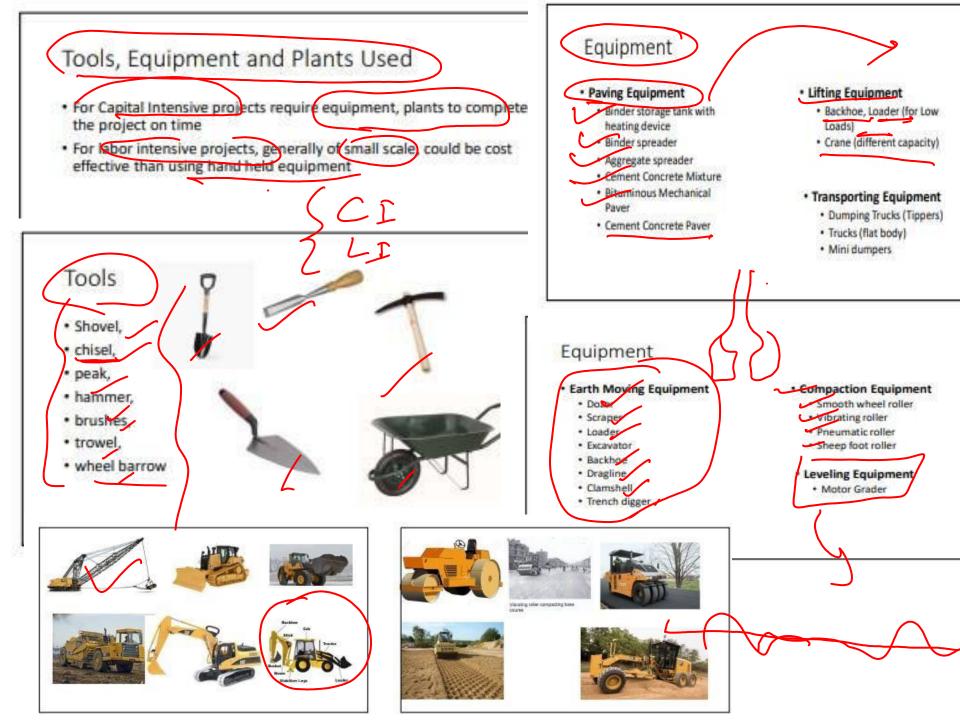
a. 6.50	Csin My	/	^
		(Vehicle type
b. 4.75	feran)	\mathbf{i}	Heavy truck (three
c. 1.0			Heavy two axle
d. 0.35		5	Mini truck/tractor
		/	Large bus
0) \$ 5	E	(Bus

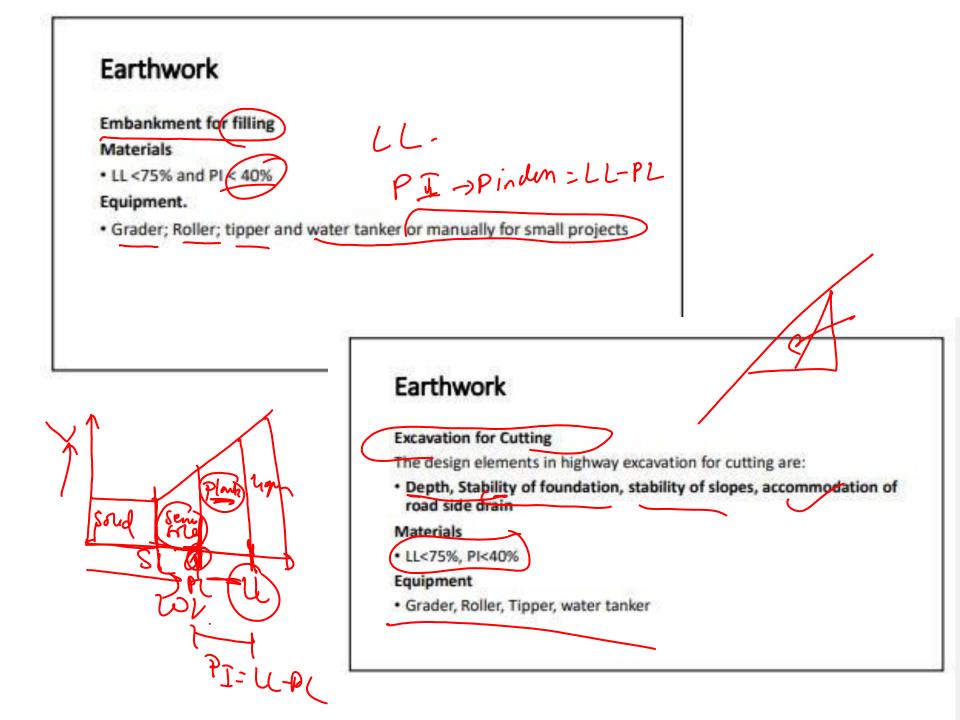
Vehicle type	VDF	Remarks
Heavy truck (three axle or more)	6.50	
Heavy two axle	4.75	hilly terrain 3.5
Mini truck/tractor	1.0	
Large bus	0.50	
Bus	0.35	

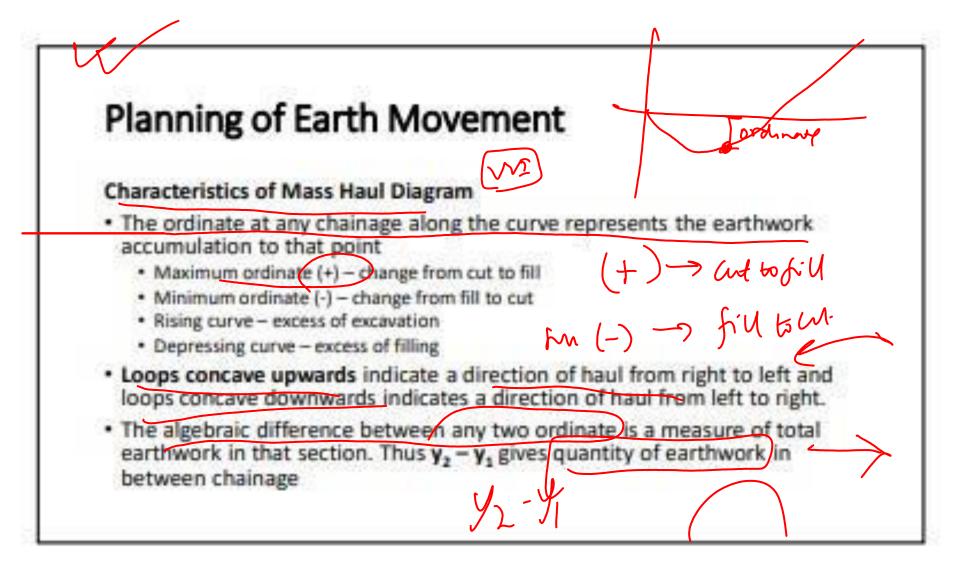
- 1. Stage construction is not possible in
- a. Flexible pavement
- b. Semi-rigid pavement
- c. Rigid pavement
- d. None of these
- The Maximum axle load for design of road pavement for Nepal is taken as
 a. 10.2 tonnes Manue
 b. 8.2 tonnes Manue
 c. 8.16 tonnes
 d. 82 tonnes
 d. 82 tonnes











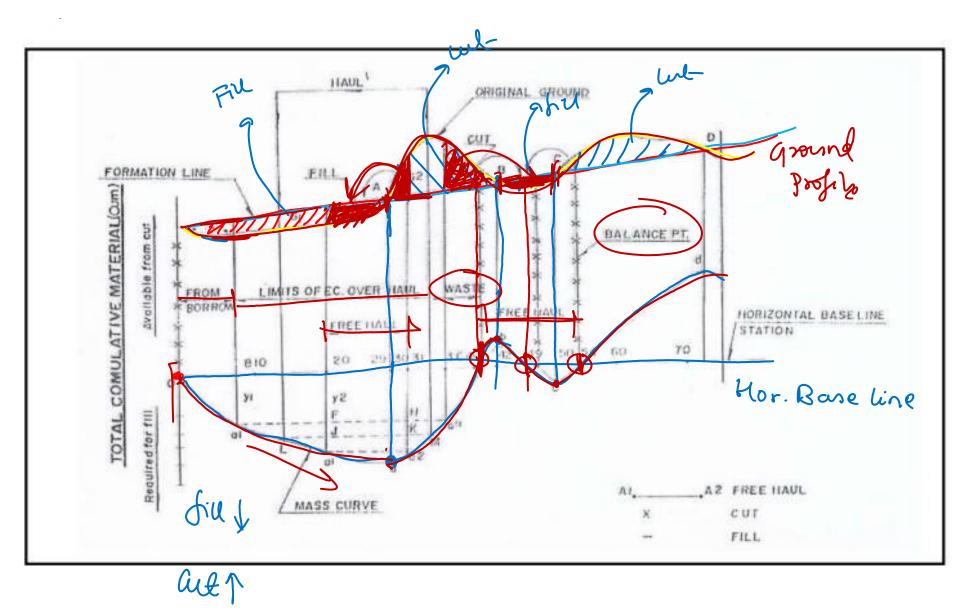
Planning of Earth Movement

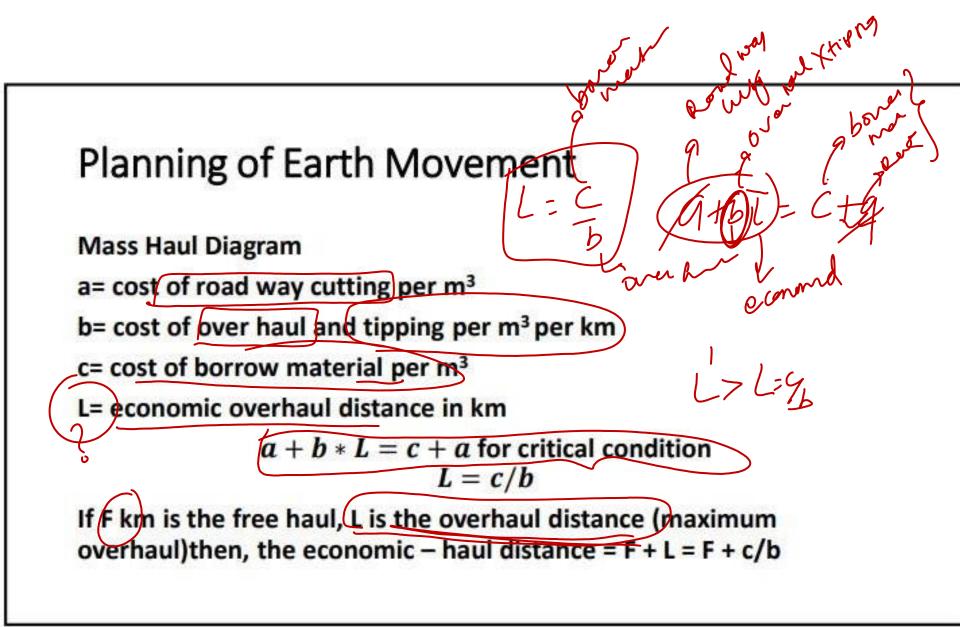
Ton - JKm 2ton - JJKm (ton lun)

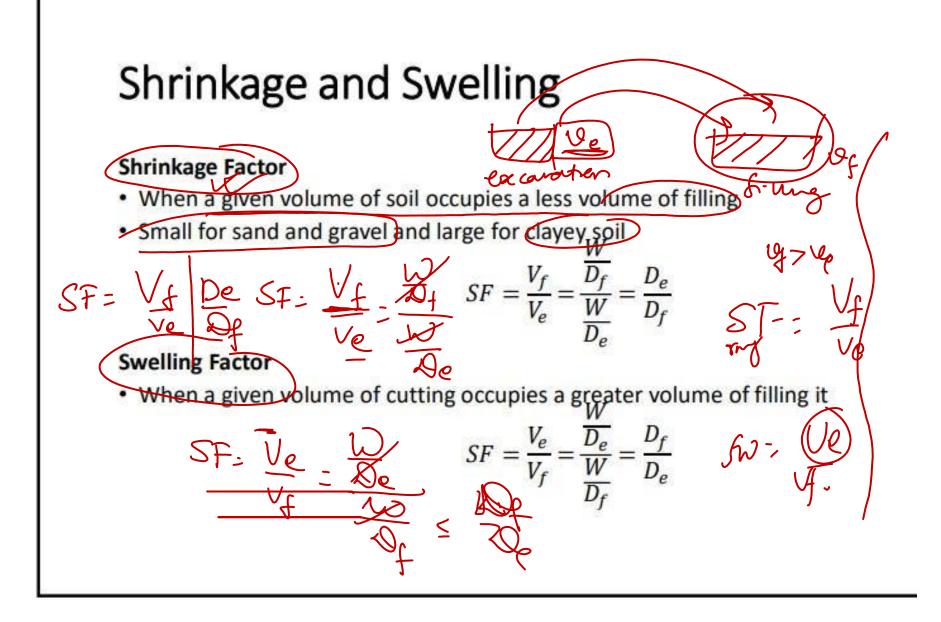
Xm

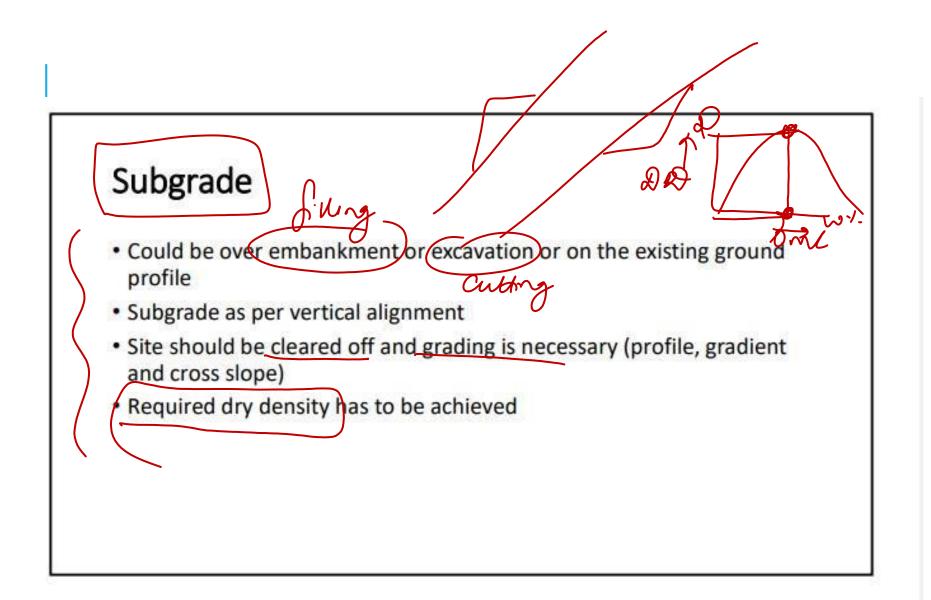
Mass Haul Diagram

- Haul:- In earthwork calculations the term haul has dual meaning. It is used to describe the distance over which material is moved and also the volume distance of material used
- Free haul:- It is the distance to which the contractor is supposed to move the earth without any additional charge. The charge for free haul is covered by the unit rate of earthwork
- Over hau: It is the distance in excess of free haul for which the contractor will be paid extra for each unit of haulage.
- Economic haul- When the haul distance are large it may be more economical to waste excavation material and borrow from a more convenient Source than pay for overhauling. Economic haul is a distance to which material from









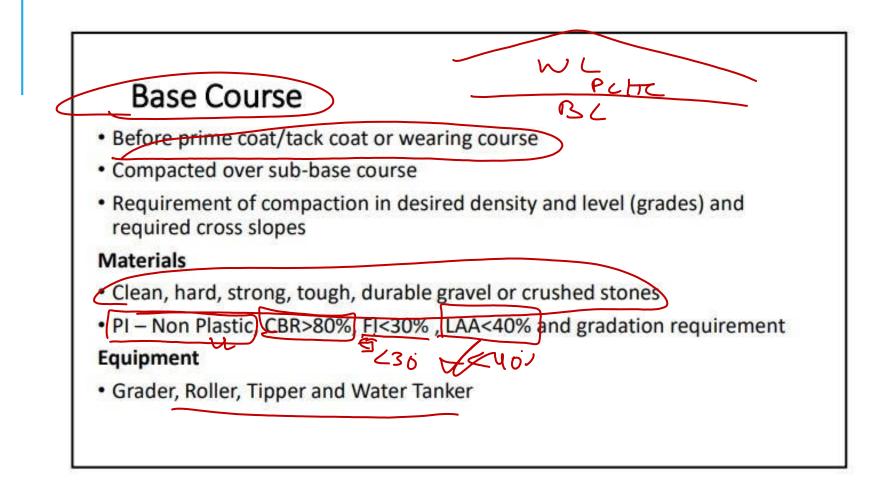
Subgrade

Construction Steps

- Leveling of the completed earthwork to the designed grade and shape by cutting or filling normally up to 20 cm with the help of grader. Or more
- Checking of moisture content and spreading o, f water if necessary'
- Compaction of the leveled sub-grade layer. Compaction is started from edge to centre on straight section and from inner edge to outer edge on super elevated section. This process will be followed during compaction of any pavement layer.
- Checking for camber and grade
- Checking for field moisture and field dry density (95% maximum)

Subgrade

Materials : LL<75%, PI <40% Equinment Grader, Roller, Tipper, Water tanker



Sub-base Course

 Sub-base course activity includes all activities after subgrade preparation and before base course preparation

= the

 Requirement of compaction in desired density and level (grades) and required cross slopes

Materials

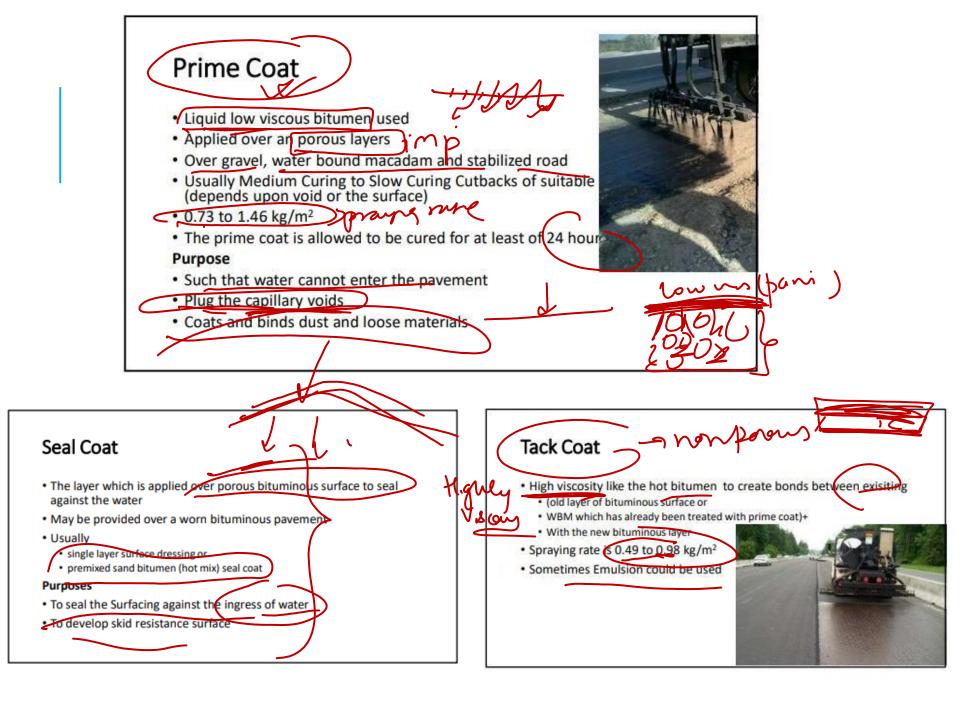
L.

- Clean, hard, strong, tough, durable gravel or crushed stones
- River bed materials or soil mixed quarry gravel or CRM are also suitable

LL<25%, PI<6%, CBR>30%, FI<30%

Equipment

Grader, Roller, Tipper and Water Tanker



Grouted or Penetration Macadam

- Aggregates grouted by Bitumen
- Compacted Coarse Stone aggregates is grouted with bitumen followed by the spreading and compacting of key aggregates (intermediate aggregates)
- · Full Grout Bitumen Penetrates through the full depth
- · Semi-Grout Bitumen Penetrates through half depth
- · Full grout in case of heavy rainfall area
- · Semi grout in case of average rainfall and traffic
- Full grout thickness 7.5 cm
- Semi grout thickness 5 cm

Grouted or Penetration Macadam

- It is used as a base course
- 25 to 30% of extra bitumen is required as compared to bituminous macadam
- Uniform coverage is not ensured

Grouted or Penetration Macadam

Materials

Bitumen

- 80/100 grade Straight Run Bitumen
- 5 kg/m² for 50 mm thickness Full grout
- 6.8 kg/m² for 75 mm thickness full grout

Aggregate

- LAA 40%
- AIV 30%
- Flakiness Index (FI) 25%
- Stripping Value 25%
- Gradation 7.5 cm thick is 63 mm down (Coarse), 25 mm down (Key) 5cm thick – 50 mm down and 20 mm down

Grouted or Penetration Macadam

Procedure

- 1. Preparation and intensive cleaning of the existing surface by broom and air compressor.
- 2. Spreading of coarse aggregate as per the specified rate of application.
- 3. Dry rolling of the spread coarse aggregate at least with 10 ton roller.
- 4. Spreading of bitumen as per specified rate of application.
- 5. Spreading of key aggregate as per specified rate of application.
- 6. Rolling of key aggregate at least with 10 ton roller.
- 7. Application of seal coat.
- 8. Opening to traffic

Bituminous Bound Macadam

- A premix with coarser aggregate used in binder course or in base course with large void contents
- Open graded aggregates with high void content of 20-25% with large size aggregates
- Stability is due to the interlock of the aggregate particles and the frictional resistance
- Dense Bituminous Macadam in Binder course generally has less voids of 5 to 10% contains dense graded aggregate

Bituminous Bound Macadam

Materials

- Bitumen
- VG-10, VG 30 or VG-40, quantity required for premix, 3.5 to 4.5 % by weight
- NO mix design procedure is available

Aggregate

- LAA 40%
- AIV 30%
- Flakiness Index (FI) 25%
- Stripping Value 25%

Materials

Aggregate Gradation

- For 75 mm thickness of BBM, 37.5 mm nominal size of aggregate is selected
- For 50 mm thickness 19 mm nominal size of aggregate is selected

Bituminous Bound Macadam



Construction Procedure

- Cleaning by brushing, sweeping and air compressor
- Depressed portions are filled up with precoated aggregates and rammed up
- Tack coat is applied prior to the application of premix
- Hot mix method is used for which is Hot mix plant is used
- Both the aggregate and bitumen are brought together which is heated for 140-160 C (bitumen) and aggregate (100-150 C)
- Mixing for 1 min till a homogenous mix is obtained

Bituminous Bound Macadam

- Through paver paving is done, and laying temp. should be in a range of 110-135 C
- Rolling is done by the 8-10 smooth wheeled or vibratory roller (rolling done till no impression is made in the pavement)
- Immediate rolling is done by the pneumatic tyred roller
- The finish rolling is done by 6-8 ton smooth wheel tandem roller

Asphalt Concrete

Materials

Bitumen

 VG-10, VG – 30 or VG-40, quantity required for premix, Has to design for OBC (Max. unit weight, design void content, max. stability)

Coarse Aggregate (Nominal size of 20 mm for 50 mm thick, or 13.3mm for 40-50 mm thick)

- LAA 30%
- AIV 30%
- Flakiness Index (FI) 25%
- Stripping Value 25%
- Soundness 12%
- The aggregate should be clean, hard, strong and durable
- Requires appropriately proportioned aggregate

Asphalt Concrete

Materials

Fine Aggregate (<4.75mm)

- Free from clay, silt ,organic and other deleterious matter
- Non plastic
- Should be made crushed rock of LAA not more than 30
- Soundness < 12%
- Sand equivalent >60

Filler Material(<0.075 mm)

- · Lime stone, hydrated lime, OPC, fly ash or other non-plastic material
- 75% should pass through 75 μ sieve

Asphalt Concrete

- Checking of temperature of mix before delivering, during laying and before compaction. The temperature difference should not be greater than 10°C in each activity.
- During the laying of the asphalt concrete mlx, a good coordination between the equipment and labors is very important and shall be maintained.
- · Checking the loose thickness manually.
- · Follow up level corrections by skilled labors.
- Finishing the asphalt concrete layer before compaction by skilled and corrections at joints while laying on next lane.
- · Initial compaction of the asphalt concrete layer by smooth wheel roller.

Asphalt Concrete

- Follow up compaction by pneumatic roller. The rolling shall be continued until the voids measured in the completed layer are within the appropriate range.
- Average density after compaction shall not be less than 98 %. No individual density shall be below 95 % of the average of the laboratory specimens
- Cutting the edge of previously laid mix with edge cutter for laying mix on next lane. The edge cut should be perfectly vertical
- Core sample of the previously laid mix is taken out with the help of core cutter for further necessary laboratory tests